

## New York Armwrestling® Association

Contacts: Information: 718-544-4592 or nyawa@aol.com NYAWA Website: [www.nycarms.com](http://www.nycarms.com)

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**Sunday, July 9, 2017**

**Cheap Shots Sports Bar** – 718-969-0070

**Address:**149-05 Union Turnpike Flushing, NY. 11367

**40th ANNUAL**

**NYC Big Apple Grapple International**

**Arm Wrestling Championships**

(NYC's Premiere Arm Wrestling Championship featuring

The 2016 Empire State and NYC Big Apple Grapple Defending Champions)

**Featuring the**

**Crowning of the International**

**'King and Queen of Arms'®**

(King and Queen of Arms® and New York Arm Wrestling® are USA Federally Registered Trademarks)

**Sunday, July 9, 2017 - 1:00 P.M. START TIME**

\*\*\* \$5.00 GENERAL ADMISSION \*\*\*

**Held and hosted by**

Cheap Shots Sports Bar

**Address:** 149-05 Union Turnpike Flushing, NY. 11367

**Weigh-In & Registration:** 9:30 a.m. to 12:50 p.m. Start 1 p.m.

**Sponsored By:** Cheap Shots, Ironmind and New York Arm Wrestling®

**CUSTOM AWARDS:** FIRST, SECOND & THIRD PLACE

**Pro and Amateur Custom ½ Pound 3-D Medallions, Plaques & Certificates**

**OVERALL MVP Male/Female FIRST PLACE PRO CASH PRIZES**

[IRONMIND.COM](http://IRONMIND.COM) - CAPTAINS OF CRUSH GRIPPERS

KING/QUEEN OF ARMS, LEFT MVPS, TEAM & ARM-STAR AWARDS

**Overall Cash Prizes** - Men: \$300 R & \$200 L Women: Overall R \$100 L \$50

**Note:** Only Pros could compete for overall Cash Prizes, King / Queen of Arms & left MVP Awards

Cash Award Prizes: could be updated depending on sponsorship.

**Entrance Fees:**

Pros: \$35 - Amateurs & Masters: \$25 - Women: \$15

Pros, Masters, Amateurs & Women's Classes (5-pound clothing allowance)

Men = PROS: (Right & Left) 0-160 - 185 - 210 - 211+ OPEN

Men = AMATEURS: (Right & Left) 0-160 - 185 - 210 - 211+ OPEN

Men = MASTERS Pro/Am: (Right) 43+ - 55+ Years Old and Open Left

WOMEN Pro/AM: (0 - 130 - 150 & 151+ Right and Open Left

**NYAWA MEMBERS** with current Membership Card - \$ 5.00 off per weight class

**REQUIREMENTS**

At least three contestants pre class or consolidation could occur to Pro/Am or lower age or weight class categories

**Note: T-SHIRT RESTRICTIONS** – Team T-Shirts Permitted – No Arm wrestling Organizations (Unless NYAWA) - NO Company Advertising T-Shirts Permitted

**Public Transportation:**

Train: Take the E or F Train to Union Turnpike/Kew Gardens Stop - Than take the Q-46 Bus to Union Turnpike and Main Street (Flushing) Stop - Than walk down 2 blocks to Chp Shots Sports Bar 149-05 Union Turnpike (Left Side) between 149th Street and 150th Streets.

Busses: Q-46 - Q-44 AND Q-20 ALL stop at Main Street and Union Turnpike

Proud Sponsors: Ironmind.com-Captains of Crush Grippers, and Cheap Shots

Cars: Street Parking Available

**Contact: Information:** 718-544-4592 – Email: nyawa@aol.com - Website: [www.nycarms.com](http://www.nycarms.com)  
**Youtube:** <https://www.youtube.com/profile?user=nycarms#g/u>  
**Facebook:** [www.facebook.com/newyorkarmwrestling](http://www.facebook.com/newyorkarmwrestling)  
**Website:** [www.newyorkstatearmwrestling.com](http://www.newyorkstatearmwrestling.com)