



# 34th EMPIRE STATE GOLDEN ARM TOURNAMENT OF CHAMPIONS

Official New York State Arm Wrestling Championship

**New York Armwrestling® Association**

Contact: Gene Camp 718-544-4592 [genecamp@nycarms.com](mailto:genecamp@nycarms.com) or [nyawa@aol.com](mailto:nyawa@aol.com) -

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## CROWNING of the Empire State Strongest Arm

Proud Sponsor: White Castle

**Thursday, November 17, 2011**

**1:00 P.M. START TIME**

**\*\*\*FREE ADMISSION\*\*\***

**Port Authority Bus Terminal - NYC**

Address: 625 8<sup>th</sup> Ave. New York, New York 10018

Weigh-In & Registration: 9:30 a.m. to 12:50 p.m. Start 1 p.m.

Directions:

<http://www.panynj.gov/bus-terminals/port-authority-bus-terminal.html>

### Pro and Amateur Entry Fees and Awards:

Amateurs \$25 and Pros \$35 Includes Free T-Shirt  
Custom 4" ½ POUND CUSTOM MEDALLIONS FOR FIRST PLACE

Plaques and medals first, second and third place

Special MVP Awards

**\$100 Cash Prizes IN EACH PRO WEIGHT CLASS**

\$200 to Male (Right & Left Overall) & \$100 Female (Right & Left Winners)

**Bonus \$200: Any man who could win Right & Left Overall**

**TOP MAN! \$800 CASH PRIZE (Must Win both Right and Left Overall)**

**\*Weight Classes: Men and Women R & L Hand**

**Men & Women – Right and Left Amateur & Pro Weight Classes**

**PRO - Men (R & L) 154 - 176 - 198 - 199+ Women R & L OPEN**

**AMATEUR – Men (R & L) 176 - 198 - 199+ Women R Open**

**REQUIREMENTS – THREE CONTESTANTS PER CLASS or**

Weight Class consolidation to Pro-Am could occur in any category

(5-pound clothing allowance)

**Note: 17 years old and under Parent or Guardian Signature required**

**Contact:** Gene Camp 718-544-4592 – Email: [nyawa@aol.com](mailto:nyawa@aol.com) - Website: [nycarms.com](http://nycarms.com)

Sanctioned and Supervised By: New York Arm Wrestling® Association