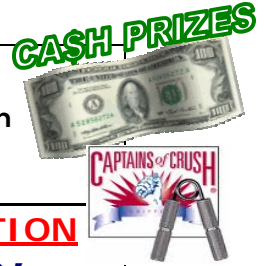




**New York Armwrestling® Association**  
 Contact: Gene Camp 718-544-4592 or [genecamp@nycarms.com](mailto:genecamp@nycarms.com)  
 Email: [nyawa@aol.com](mailto:nyawa@aol.com) - Website: [www.nycarms.com](http://www.nycarms.com)  
 Or Queens County Farm Museum 718-347-3276



**TWO SPECTACULAR DAYS OF ARM WRESTLING COMPETITION**

**PROUD SPONSOR**



**33rd ANNUAL CLEAR 'QUEENSBORO'  
 ARMWRESTLING CHAMPIONSHIPS**

**PROUD SPONSOR**



**Captain's of Crush® Grippers**

**\*Queens Strongest Arm\***

**Sept. 25 and Sept. 26, 2010**

Queens County Farm Museum ~ [queensfarm.org](http://queensfarm.org) ~ 718-347-3276

**Address:** 73-50 Little Neck Parkway Floral Park, NY 11004

**Directions:** [www.queensfarm.org/hours-directions.html](http://www.queensfarm.org/hours-directions.html)

**Weigh-In & Registration** 9:30 a.m. to 12:45 p.m. Start 1 p.m.

**Saturday, Sept. 25, 2010**

**NYC Junior and Novice Arm Wrestling Championships**

**Kids 7 to 12 years old, teens 13 to 17**

**Novice Adults 18+ in various age and weight categories**

(Kids, Teens compete ONLY for the price of admission) Novice 18+ \$10

**Note: 17 years old and under Parent or Guardian Signature required both days**

\*\*\*\*\*

**Sunday, Sept. 26, 2010**

**Entry Fees:** Amateurs \$15 & Pros \$20 Admission not included

**General Admission:** \$7.00 - \$4 Children under twelve



**Captain's of Crush Grippers - Special MVP awards, plus**

**\$100 Cash Prizes to Sunday's Queens Strongest Arms**

**Male - (Right & Left Overall) & Female (Right Overall)**

**Bonus \$100: Any man who could win Right & Left Overall**

**\*Note: All contestants must pay admission to the Queens Farm Museum**

**Awards: First, second and third place – Both Days**

**\*Weight Classes: Men and Women R & L Hand**

**>>>>>>> Amateur & Pro Weight Classes - <<<<<<<<**

**Men (R) 154 - 176 - 198 - 225 - 226+ - 45+ - 55+ Years Old**

**Men (L) 154 - 176 - 198 - 199+**

**Women (R) 125 - 143 - 144+ - (W-L) 144+**

**Saturday - Junior Weight Classes**

**Boys - 7 to 12 years Old (R) - 60 - 80 - 100 - 120 - 121+**

**Girls - 7 to 12 Years Old (R) - Light - Middle and Open (Determined day of event)**

**\* Novice Adults & Teens 13-17 Weight Classes are same as above**

**REQUIREMENTS – THREE CONTESTANTS PER CLASS or  
 Weight Class consolidation could occur in any category**

**(5-pound clothing allowance)**

**2010 Empire State Finals: Port Authority Bus Terminal NYC Nov. 18, 2010**

**Contact:** Gene Camp 718-544-4592 – Email: [nyawa@aol.com](mailto:nyawa@aol.com) - Website: [nycarms.com](http://nycarms.com)

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